

## NitroGreens®

**Why you may need NitroGreens®:** NitroGreens® is a rich source of phytonutrients and naturally occurring enzymes, vitamins and trace minerals. NitroGreens® supplies organic juice from barley grass, wheat grass, oat grass, alfalfa grass and kamut grass. It possesses a significant chlorophyll content which supports healthy pH balance, GI function and gut health, and supplies naturally occurring carotenoids and enzymes which provide important antioxidant activity. NitroGreens® supplies organic vegetable sprout concentrates from broccoli, cauliflower and kale – cruciferous vegetables providing potent cellular protectants which act via the induction of phase 2 detoxification enzymes. These concentrates are a rich source of naturally occurring carotenoids and supply organic vegetable juice from carrots and beets. Carrot juice is an excellent source of naturally occurring antioxidants. Beet juice supplies betalains, which has been shown to inhibit lipid peroxidation and heme decomposition.

**Why your healthcare practitioner recommends NitroGreens®:** NitroGreens® also supplies organic acerola berry extract, providing naturally occurring vitamin C, carotenoids and bioflavonoids. Acerola has been shown to possess hepatoprotective properties due to its significant antioxidant activity. Also included is organic peppermint leaf. The phenolic constituents of peppermint leaves include rosmarinic acid and flavonoids, possessing significant antioxidant activity and providing support for healthy GI function. NitroGreens® supplies an all organic proprietary blend of grass juices, vegetable sprout concentrates and vegetable juices, providing important phytonutrients and offering significant antioxidant protection, as evidenced by its high ORAC Value. Try NitroGreens® as a healthy alternative to ice tea. This cool refreshing blend of phytonutrients provides health-promoting benefits while refreshing the senses. Mix with 16 oz. of water and serve chilled with lemon or honey for a delicious drink.

*For more information on NitroGreens®,  
please contact your healthcare provider*

### Nutrition Facts

Serving Size: 8 g (1 scoop)			
Servings Per Container: 30			
Amount Per Serving			
<b>Calories</b> 30	Calories from Fat 5		
% Daily Value*			
<b>Total Fat</b> 0.5g	1%		
<b>Sodium</b> 55mg	2%		
<b>Total Carbohydrate</b> 4g	1%		
Dietary Fiber 0g	0%		
Sugars 2g			
<b>Protein</b> 2g			
Vitamin A 36% • Vitamin C 100% • Calcium 6% • Iron 22%			
*Percent Daily Values based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Calories per gram			
Fat 9 • Carbohydrate 4 • Protein 4			

**Ingredients:** Organic barley grass juice, organic wheat grass juice, organic oat grass juice, organic alfalfa grass juice, organic acerola berry extract, organic kamut grass juice, organic broccoli sprout concentrate, organic cauliflower sprout concentrate, organic beet juice, organic carrot juice, organic peppermint leaf, organic kale sprout concentrate, Stevia rebaudiana leaf extract and silica dioxide.

All Natural Ingredients

100% Organic Proprietary Blend of  
Juices, Extracts and Concentrates

High ORAC Value: 3,250 per serving of NitroGreens™

**SUGGESTED USE:** Blend one (1) serving of NitroGreens™ with 16 ounces of water or other beverage (i.e. protein drink or smoothie) each day.

KEEP OUT OF REACH OF CHILDREN

Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

NDC# 55146-01111 Rev. 10/11

