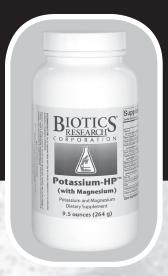
Biotics Research Corporation Product Showcase

## Potassium-HPTM (with Magnesium)

For Healthcare Professionals Only 9.5 ounces (264 g)



Potassium-HP™ (with Magnesium) is an easy to use, high potency mineral supplement supplied as a powder which dissolves readily in water. Each I teaspoon serving supplies 1,200 mg of elemental Potassium (as potassium citrate) and 120 mg of elemental Magnesium (as magnesium citrate malate).

According to the Food and Nutrition Board of the Institute of Medicine of the National Academies (Dietary Reference intakes: Water, Potassium, Sodium Chloride and Sulfate. February 11, 2004), "Adults should consume at least 4.7 grams of potassium per day to lower blood pressure, blunt the effects of salt, and reduce the risk of kidney stones and bone loss. However, most American women 31 to 50 years old consume no more than half of the recommended amount of potassium, and men's intake is only moderately higher. There was no evidence of chronic excess intakes of potassium in apparently healthy individuals and thus no UL [upper limit of intake] was established."

Each bottle of **Potassium-HP™** (with Magnesium) supplies 60 servings of I teaspoon each.

**Recommendation:** One (I) teaspoonful each day as a dietary supplement or as otherwise directed by a healthcare professional.

**WARNING**: Ask a doctor before use if you have kidney disease or a potassium-restricted diet. High-potency potassium products should only be used under the advice and supervision of a healthcare professional. Minor gastrointestinal (GI) complaints have been reported by those taking significant amounts of potassium citrate. These may be reduced by taking this product with food or reducing the dose. If GI complaints persist, discontinue the use of this product. Long-term use can result in metabolic alkalosis. Renal insufficiency and certain potassium-sparing drugs will increase the risk for elevated blood potassium, which can be dangerous. Patients should not use potassium-rich salt substitutes without the advice of their healthcare professional while taking this or any high-potency potassium product.

For additional information please contact us:

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## Potassium-HP™ (with Magnesium) - #1718

## **Supplement Facts** Serving Size: 1 tsp. (4.4 g) Servings Per Container: 60 **Amount Per** % Daily Serving Value Magnesium (as magnesium citrate malate) 120 mg 30% Potassium (as potassium citrate) 1200 ma 34%

For Adult Use Only KEEP OUT OF REACH OF CHILDREN Store in a cool, dry area.

Sealed with an imprinted safety seal for your protection.

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