

## Supplement FAQs

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## **BioDoph-7 Plus®**

Why you may need BioDoph-7 Plus®: It is estimated that ~80% of the immune system is found in the gut, and the human body contains more bacteria living inside it than it has individual cells: 100 trillion microorganisms live in the gastrointestinal tract as compared with a mere 10 trillion human cells in the entire body. This means that there are 10X more cells of bacteria living in our intestines than what we possess in all of our bodily tissues put together. The majority of these bacterial strains are beneficial and are important for the development of the immune system. However, periods of stress or illness, fever, diarrhea, diet, the use of certain pharmaceuticals, and surgery can all cause an imbalance of these good bacteria and let bad or opportunistic bacteria and yeasts flourish — which negatively impacts health. Unfortunately, far too many people suffer from some degree of bowel dysbiosis, which can manifest as allergies, dermal irritation, fatigue, mood alterations, headaches, leaky gut, diarrhea, constipation, etc. Now further evidence indicate

s that obesity, diabetes and autoimmune conditions are linked to altered gut microflora. Given the prevalence of people that experience one or more of these symptoms, probiotics have the potential to be the unsung hero of overall health support.

## Why your healthcare practitioner recommends BioDoph-7 Plus® from Biotics Research:

The modern dilemma is that allergies and chronic health conditions are on the rise. Antibacterial soaps, washes, and wipes, chronic dehydration, mercury amalgams, total toxin load, drugs, and nutrient deficient diets have become a scourge on friendly bacteria. Documented research has indicated important benefits associated with the use of probiotic bacteria, including improved digestion, enzymatic activity, and overall modulating effects on the immune system. Formulated in collaboration with Dr. Gary Lasneski, **BioDoph-7 Plus**® contains a specific blend of 3 prebiotics and 7 probiotics to ensure optimal colonization with bacterial strains recognized for their bioactivity. Each capsule contains 20 billion viable organisms at the time of manufacture and consists of a proprietary blend of Inulin (from Chicory root), Arabinogalactans (from Larch), Marshmallow Root (extract), Bifidobacterium bifidum, Bifidobacterium lactis, Bifidobacterium breve, Lactobacillus paracasei, Lactobacillus plantarum, Lactobacillus salivarius, and Streptococcus



Supplement Serving Size: 1 Capsi	
	Amount Per Serving
Proprietary Blend	400 mg
Inulin (from Chi	cory root)*
Arabinogalacta	ns (from Larch)*
Marshmallow (A	Althea officinalis) (extract) (root)*
Bifidobacterium	bifidum*
Bifidobacterium	lactis*
Bifidobacterium	breve*
Lactobacillus pa	aracasei*
Lactobacillus pl	antarum*
Lactobacillus sa	alivarius*
Streptococcus t	hermophilus*
* Daily Value not es	tablished
	rate (vegetable source).
Each capsule of <b>Bio</b> organisms at time of	Doph-7 Plus <sup>®</sup> contains more than 20 billior manufacture.
	ace amount (0.3 ppm) of milk constituents e fermentation of probiotic ingredients.
Th	is product is gluten free.
	N: One (1) capsule one (1) to two (2) times y supplement or as otherwise directed by a onal.
	OUT OF REACH OF CHILDREN  Store in a cool, dry area and refrigerate after opening.  aled with an imprinted safety  seal for your protection